

Choco-Oat Cookie Dough Energy Balls

These energy balls make a delicious and portable protein-packed snack, perfect for game day, afterschool snack or post-workout.



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These energy bites make a delicious and portable protein-rich snack, perfect for game day or post-workout.

- 1/2-1 cup pitted dates
- 2 teaspoons vanilla extract
- 1 cup old-fashioned oats
- 1/2 cup peanut butter or sunflower butter
- 1/4 cup ground flax seed
- 1/4 cup dark chocolate chips or cacao nibs
- 1/2 teaspoon ground cinnamon
- Pinch of kosher or sea salt

1. Pulse dates and vanilla in a food processor or blender until they form a sticky ball.
2. Add remaining ingredients and pulse until combined and sticky.
3. Wet hands and roll into 1-inch balls.
4. Refrigerate for 15 minutes. Store in an airtight container for up to one week.