

Chocolate Zucchini Muffins

I don't know about your house, but mornings can get a little hectic around here. I'm usually throwing in the kids' refrigerated lunch items, my husband is rushing out the door and the kids are taking their sweet time getting dressed. Sometimes the kids have time to enjoy a bowl of cereal or a whole grain waffle. Other times, however, they have just enough time to microwave a frozen muffin—like these **Chocolate Zucchini Muffins**—before this mom-bus pulls out of the driveway.



And, that's where these little morsels of deliciousness come in. These [Easy Morning Chocolate Zucchini Muffins](#) are **tasty, nutritious and may just make your life easier**. Bake a batch on the weekend, freeze individually, thaw (or microwave) and enjoy. Plus, these muffins are a great way to use up all of that summer zucchini overwhelming your produce drawer.

Thanks to the zucchini, these muffins are **rich in vitamin C** (hello healthy skin and immune system!), **vitamin K** (necessary for bone health and blood clotting) and **vitamin B-6** (important for energy metabolism and hormone production).

I like to **pair with a hard-boiled egg or glass of milk for an extra protein boost**. They also make a perfect addition to your morning latte or as an afternoon snack.

PLEASE SHARE: What are your favorite easy-morning grab-and-go

breakfast recipes? Please share. I'd love to hear from you!